

# Harvest of Hope

**Hands-On Service/Study Events** 



Participant Information For Summer 2023 Events



## **Dear Harvest of Hope Participants:**

I am excited that you will be participating in Harvest of Hope this year! I hope that you enjoy this physically, mentally, and spiritually challenging experience.

This booklet contains valuable information about preparing for your Harvest of Hope experience. Hopefully, it will answer most of your questions.

Once your team arrives at Harvest of Hope, you will be encouraged to become part of the larger group. Mixing with the other teams will be an essential part of the experience. We will strive to form one group focused on feeding those who are hungry.

The leaders of your event and I are looking forward to your participation in Harvest of Hope. May you find the experience meaningful and a lot of fun! See you at the Harvest!

Blessings and safe travel, Tresca McSwain—Harvest of Hope Director



## What to Expect at Harvest of Hope

**Gleaning:** You will spend the mornings out in the fields gleaning crops that would normally go to waste after a farmer's harvest.

**Study:** You will also take time to learn about hunger. You'll spend time in small and large groups discussing hunger issues, participating in simulations, and learning about the realities of hunger in our world.

**Worship:** Each day will begin and end with worship. These informal services will integrate the varied experiences of the event and help us focus on our Christian responsibility toward those in need.

**Commitment:** Your time at Harvest of Hope is just the beginning. We hope you'll learn lots of new things that you can take home with you. Harvest of Hope is much more than a mission camp; it's a challenge to us all to respond to Jesus' call.



To those who have hunger, give bread. To those who have bread, give a hunger for justice. (Latin American table prayer)

## **A SAMPLE Daily Schedule**

(Actual schedule may differ -- this is just a sample!)

I IIII vai Day	
4:00-6:00 p.m.	Participants arrive, register and get settled
6:00 - 7:00 p.m.	Dinner Time
7:00 - 7:30 p.m.	Group building
7:30 - 8:45 p.m.	Total group session & introduction
9:00 - 9:45 p.m.	Worship
10:30 p.m.	Bedtime
Daily	
5:30 - 6:00 a.m.	Wake up & get ready to glean!
6:15 - 6:30 a.m.	Worship
6:35 - 7:00 a.m.	Breakfast & kitchen clean up
7:30 a.m.	Leave for the field and GLEAN!!!
12:30 p.m.	Lunch
1:30 - 5:00 p.m.	Afternoon free time or Agency Visit
5:00 - 6:00 p.m.	Showers and rest time
6:00 - 6:45 p.m.	Dinner
6:45 - 8:30 p.m.	Total group session
8:45 - 9:30 p.m.	Worship
10:00 p.m.	Bedtime
Departure Day	
7:00 - 7:30 a.m.	Wake up!
7:30 - 8:15 a.m.	Breakfast

Pack and clean up camp

Group picture and Good-byes

Closing worship

Arrival Day

8:15 - 9:00 a.m.

10:00 a.m.

9:20 - 10:00 a.m.

"There's a hunger beyond food that's expressed in food, and that's why feeding is always a kind of miracle" Sara Miles



#### What to Bring

Accommodations at Harvest of Hope vary from modern dorms to rustic cabins. Ask your team leader what kind of facilities you will have at your event. twin-sized linens or a sleeping bag, pillow towels, washcloth, soap, shampoo, deodorant, ... flashlight bug repellent & sunscreen work/gardening gloves work clothes - bring clothes you don't mind getting dirty out in the fields. bring long pants and light-weight long-sleeved shirts for sun, mosquito, and field protection. Dressing in layers is the best way to deal with weather (hot or cold) while gleaning. something to hold very dirty clothes, like a trash bag comfortable, sturdy work shoes - preferably waterproof. Sneakers are fine. No open-toed shoes or sandals will be allowed for gleaning. informal clothes for free time and study sessions. Clothing must be appropriate for a Christian community swimsuit and towel in case there is a lake or pool at camp rain gear (Yes, we glean in the rain!) Bible (you may also want to bring a notebook to journal)



## **Things to Leave at Home**

All valuables and "extras" (i.e. handheld gaming systems, tablets, jewelry, etc, etc)

**Snacks** Snacks are provided by the camp and cannot be taken or kept in your lodging

If you bring a **cell phone**, it must be left in your lodging and turned on <u>only at free time</u>. Only group leaders' phones may be taken to the fields or agencies. Participants will need to follow the policies of their group leaders.

Alcohol, any illegal substances, or tobacco products (including vapes)

Weapons of any kind

signed Medical and Liability Waiver

Reusable water bottle

## **Gleaning Rules**

When gleaning, you are on another person's land. Treat it better than you treat your own property. We are guests; don't abuse the privilege, or we may lose it.

In the fields, the Field Supervisor is the boss. Follow his/her instructions and directions.

Glean and park only in those areas designated by the Field Supervisor.

Safety is of utmost importance while gleaning. If any activity is of questionable safety, do not do it. Do not climb trees or fences, do not ride on the back of moving trucks, and stay away from farm machinery.

Gleaning can be cancelled at any time if these rules are not being followed.

## **Helpful Hints**

It is often good to dress in layers. In the mornings, it may be cool and wet, so long shirts and pants may be most comfortable. As it gets warmer, shorts and short sleeve shirts may be better.

Use sunscreen even when it is cold outside.

In corn fields and orchards, long sleeves and pants are needed. Leaves from cornstalks are sharp and can cut the skin. In many orchards, poison ivy and poison oak will be growing.

Gloves and hats should be worn by all gleaners.

Bathroom facilities are unavailable in most gleaning fields, so use them before coming to the farm



#### The Sponsor Program

It allows the people of your church and community to support you as you devote your time and energy to fighting hunger.

Participating is simple: Collect sponsors for the hours that you will spend gleaning at the event. Ask your sponsors to pledge an hourly amount for the time you glean and work at agencies during the week. After the event, collect the amount sponsors pledged to you for your work. Then send the contributions to the Society of St. Andrew. The money will help fund SoSA's year-round projects, such as the Potato Project.

At most summer events, each participant will spend between 10-15 hours gleaning and working at agencies. The Society of St. Andrew provides food to hungry people at a total cost of about 4¢ a serving. At that rate, if you glean for 10 hours at the event and a sponsor pledges \$5 an hour to you, you will raise \$50—enough to provide 1,250 servings of food—with just one sponsor! (Form is attached at back of this booklet)

We encourage you to multiply the benefit of your team's gleaning efforts by participating in the sponsor program. Since its inception in 1979, SoSA has salvaged over 500 million pounds of produce—billions of servings of food for the poor! Help us keep it up!







# Hands-On Service/Study Events

## **LIABILITY WAIVER:**

In the event, suffers any in hospitalization, medication, or other medical assistance while participate the suffers and in the event, suffers any in hospitalization, medication, or other medical assistance while participate the suffers and in the event, suffers and suffers are suffered as a suffer su	illness or accident requiring emergency			
given for any medical treatment which is deemed necessary and reason				
I fully understand and comprehend that reasonable care will be exercised by the adult staff for this Harvest of Hope event to protect the safety of those involved. I understand that the Society of St. Andrew's Staff instructions must be followed at all times, and that I am responsible for any damages caused to fields, farms, equipment, lodging, etc by me/my family members not following these instructions.				
I do not hold the board, members, or employees of the Society of St. A for injury, bodily harm, accidents, or death of myself/my child during Andrew. Neither will I hold the person(s) who owns and/or operates the liable for accidents, injury, or death during the Harvest of Hope event.	events sponsored by the Society of St. he farms, agencies, camps or lodging,			
Participant Name (Please Print):				
Signature of Participant:	Date:			
Signature of Parent/Guardian (if participant is under the age of 18):				
	Date:			
PHOTO/VIDEO USAGE WAIVER: PLEASE CHECK ONE:				
YES: Photos, videos, and other images in which I, or a registere during gleanings may be used by the Society of St. Andrew for news creports, displays, and for other print, broadcast, web, or electronic new	coverage, social media, newsletters,			
NO: Photos, videos, and other images in which I, or a registered during gleanings may NOT be used by the Society of St. Andrew for reports displays and for other print broadcast web or electronic new	news coverage, social media, newsletters,			





## Hands-On Service/Study Events

## MEDICAL INFORMATION AND RELEASE FORM:

Medical Information on this form will only be used if needed for medical treatment.

Please print clearly and fill in this form to the best of your knowledge.

Attach an extra sheet if necessary.

Participant Name (Print):		Date of Birth	
Address:			
City:	State:	Zip Code:	
Phone: En	nail:		
Group Name:			
Group Leader and Phone #:			
MEDICAL INFORMATION:			
Any Allergies, Food Allergies, &/or Speci	al Health Problems or C	oncerns:	
Date of last tetanus shot			
List any history of serious illness (diabetes hospitalization:	, asthma, epilepsy, etc.)	or recent injuries or	
Medication(s) currently taken:			
Medication you CANNOT take:			
List any concerns of which group leaders s	hould be aware:		





# Hands-On Service/Study Events

## **MEDICAL RELEASE:**

In the event (name)	suffers any illness or accident requiring gery while participating in this event, on the recommendation of	
the doctor, after consultation with the adults in medical treatment which may be deemed nece the coordinator or other responsible person wi	gery while participating in this event, on the recommendation of in charge of this event, I hereby give my permission for any essary and reasonable under the circumstances, understanding that ill contact me at the earliest possible moment. I fully understand exercised by the adult staff for this event to protect the safety of	
Other Parent/Guardian Instructions:		
Signature of Participant (or Parent/Guardian i	f under 18 years old):	
Date:		
EMERGENCY CONTACT INFORMATION	ON:	
Notify in case of emergency during this event	:	
Name	Relationship	
Address		
	State Zip	
Day Phone	Evening Phone	
Cell Phone	Also attending HOH? Yes No	